

***start your group with your weekly prayer requests and invite the Holy Spirit to guide you as a group throughout your questions. there is a suggested guided prayer at the end of your questions.**

questions.

When you think about spiritual warfare, what thoughts come to mind?

What was something new you learned about the Holy Spirit and spiritual warfare?

Read John 3:19-21. Why do you think some people choose darkness over the light?

Can Christians be under demonic influences and not know it?

In what ways do you see this to be true?

Mara mentioned that one way we find ourselves in spiritual warfare is from the lies we believe from what we might otherwise deem as an insignificant moment. Have you experienced this to be true in your life? How so?

We are sometimes spiritually influenced on what may seem to be rather mundane day to day decisions? Agree/disagree...why?

Mara offered one question we could use to help filter how much spiritual warfare might be influencing our life: "Is what I am doing holy?" What do you think this question means? Would you agree that unholy choices impact our spiritual health?

In what ways can we help prevent ourselves from succumbing to the influence of spiritual warfare?

Which one of the above answers are you willing to become more intentional in? How so?

Intentional time in Prayer:

- In a time of quiet self reflection, ask the Holy Spirit to convict where you are allowing the enemy to get a foothold in your life. Repent. Take time to thank the Holy Spirit out loud in prayer for his grace in your life. (Leader: Open the self reflection time in prayer, asking

the Holy Spirit to speak to the hearts of your group. After a time of silence, close in prayer.)